## Sheltered Schemes' Activities Calendar



> Lichfield Road, Lichfield Road Community Hall, 173 Lichfield Road, CB1 3SJ

> Bingo - every Tuesday, 2-3pm - FREE

> Social Club - every Wednesday, 12-2pm - £2

## Ditchburn Place, Mill Road, CB1 2AJ

Film Club - Last Monday of the month - 50p
Coffee Morning - Tuesdays and Thursdays, 10.30-11.30am - £1

Strength and Balance - every Wednesday in term time, 10.30-11.30-£3
Craft Club - second Thursday of the month, $2-4 \mathrm{pm}, £ 2$

## Ditton Court, Ditton Iane, CB5 8UD

Bingo - every Monday, 2pm - £2

Coffee Morning - Wednesdays, 10am
Strength and Balance - Fridays, 11am-12 noon - £3

Rawlyn Court, Rawlyn Close, CB5 8NR<br>Coffee Afternoon - Tuesday, 1-2pm - 50p<br>Craft Afternoon - last Thursday of the month, $2-4 \mathrm{pm}-£ 2.50$

School Court, Thoday Street, CB1 3DNCoffee Afternoon - every Thursday, 2pm - 50p
Brandon Court, Prospect Row, CB1 3BN
Informal Crafts - every Monday, 11am - £1Wellbeing Activities (seated yoga/meditation) - every Tuesday, $2 \mathrm{pm}-£ 1$Film Night $-3^{\text {rd }}$ Thursday of the month, $6 \mathrm{pm}-£ 1$Coffee Morning - every Friday, 10am - £1
Talbot House, Fisher's Lane, Cherry Hinton, CB1 9JQ
Strength and Balance - every Tuesday, 2pm - £3
Coffee Afternoon - every Friday, 2pm - 80p
Mansel Court, Mansel Way, CB4 2EU
Coffee morning, Mondays, 10am-12-50p
Strength and Balance, Tuesdays, $3.45-4.45 \mathrm{pm}-£ 3$
Bingo, first Friday of the month, 2 pm - £5


