

Trumpington Pavilion: Programme of Events | March 2025

Classes are weekly unless otherwise stated. The Pavilion is closed on Bank Holidays. Correct at time of printing.

Please contact class providers for more information.

Mondays		
Grey Heron Internal Arts T'ai Chi	2:30pm – 3:30pm	Visit: www.grey-heron.com Email: ghiacambridge@gmail.com
Trumpington Stitchers	7pm – 9pm	Visit: www.trumpingtonstitchers.net
Tuesdays		
Women's Health and Wellbeing Session	25 th March 12pm – 2pm	All women welcome! No booking necessary. Email: Luthfa.Khatun@cambridge.gov.uk Phone: 07873220427
Connected Lives - Goslings	4 th , 11 th , 18 th March 1pm – 2:30pm	Visit: www.connectedlives.org.uk/cambridgeshire-hub Email: info@connectedlives.org.uk
Vedanta Wellness Yoga	7pm – 8:15pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Wednesdays		
Very Important Persons: Simply chat, tea and cake	12 th March 10:30am – 12pm	All welcome! No booking necessary. Email: Kelly.smith@cambridge.gov.uk
Memory Café	19 th March 10am – 12pm	Visit: www.trumpington.church Email: admin@trumpington.church
Vedanta Wellness Yoga	7:30pm – 8:45pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Thursdays		
HealthyYou – FAME Falls Prevention service	1pm – 4pm	Visit: https://healthyyou.org.uk Phone: 0333 005 0093
Romsey Mill Youth Club School Years 6-8 School Years 9-11	4:30pm – 6pm 6:30pm – 8pm	Phone Laura Kahlbaum: 07851310258
Fridays		
Fairbite Food Club Trumpington	11:30am – 1:30pm	Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Balkan Dance for Fitness	7pm – 8pm	Visit: www.balkandance.fitness Email: info@balkandance.fitness
Saturdays		
Connected Lives – BodyMindConnection	22 nd March 10am – 11:30pm	Visit: www.connectedlives.org.uk/body-mind-connection Email: helen.bell@connectedlives.org.uk