

Trumpington Pavilion: Programme of Events | September 2026
Classes are weekly unless otherwise stated. Correct at time of printing.
Please contact class providers for more information.

Mondays		
Forever Active Pilates	11:40am – 12:40pm 12:45pm – 1:45pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk
T'ai Chi – Grey Heron Internal Arts	2:30pm – 3:30pm	Visit: www.grey-heron.com Email: ghiacambridge@gmail.com
Forever Active Strength and Balance Class	3:45pm – 4:50pm	Visit: www.foreveractive.livingsport.co.uk Email: foreveractive@livingsport.co.uk Phone: 07432480105
O'Mahony Academy of Irish Dance	5pm – 6:30pm	Email: omahony.id@gmail.com
Trumpington Stitchers	7pm – 9pm	Visit: www.trumpingtonstitchers.net
Tuesdays		
Fairbite Food Club Trumpington	4pm – 6pm	Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Vedanta Wellness Yoga	7pm – 8:15pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Wednesdays		
VIP's-Very Important Persons: Simply chat, tea and cake	8 th September 10:30am – 13:30pm	All welcome! No booking necessary. Email: CommunityEngagement@bpha.org.uk
Memory Café	16 th September 10am – 1pm	Visit: www.trumpington.church Email: admin@trumpington.church
Zumba at Pavilion	6:15pm – 7:15pm	Email: aydanbst@gmail.com
Vedanta Wellness Yoga	7:30pm – 8:45pm	Visit: www.vedantawellness.co.uk Email: info@vedantawellness.co.uk
Thursdays		
Romsey Mill Youth Club School Years 5 & 6 School Years 7 & 8 School Years 9+	4:30pm – 5:30pm 6pm – 7:15pm 7:30pm – 8:30pm	Phone Laura Kahlbaum: 07851310258 Email: laura.kahlbaum@romseymill.org
Fridays		
Fairbite Food Club Trumpington	11:30am – 1:30pm	Social Supermarket open 12pm-1:30pm with a free café available from 11:30am. Email for more information and to volunteer: patrick.brown@ccfb.org.uk
Saturdays		
Mosaic Workshop	13 th September 10:30am-2:30pm	Email: info@blueartland.com Visit: www.blueartland.com
Macmillan Coffee Morning	26 th September 10am – 12pm	Drop-in for coffee, cake and a chat! If you can help on the day or bake a cake please contact Barbara on 01223 690319 or email finance@trumpingtonresidentsassociation.org

*We advise contacting the class provider for their schedule.